Focus Issues	Health investment	Health investment benefits				Management issues to be solved by health management
		Health investment measures indicators	Metrics on employee mindset /behavior changes	Health-related ultimate goal indicators		
Lifestyle Diseases	Monitoring Annual checkup reservations/attendance	Rate of early medical consultation	Medication adherence rates for hypertension/hypercholesterolemia/diabetes High health-conscious employees	Rate of individuals maintaining proper weight Lifestyle diseases incidence * Hypertension: Average systolic blood pressure (ages 40 and over, including those on medication) Diabetes: Rate of individuals with HbA1c of 8.0 or higher Hypercholesterolemia: Rate of individuals with LDL cholesterol of 160mg/dl or above (ages 40 and over, including those on medication)	Decrease in Absenteeism Decrease in Presenteeism Improving Work Engagement	Improving Employee Well-being Sustainable growth
	Encouraging secondary chekup	Secondary examination uptake				
	Seminar on Sleep	Event participation rate Survey results	Percentage of Those Who Can Rest through Sleep			
	Nomu ☆ Challe (Walking Event)	Number of participants	Exercise habit ratio Walking habit ratio			
	Alcohol Tolerance Check		Percentage of heavy drinkers consuming over 60g Lifestyle Diseases risk drinkers			
Smoking	Quitting Smoking Challenge		Smoking rate Smoking rate in 20s male			
	Include Smoking as Evaluation Item	Site Views/Awareness of Rules	Percentage exposed to secondhand smoke			
Engagement Mental Health	SelProductivityf-Care Training Health and Management Training for Managers	Training comprehension/counseling service awareness	Counseling cases (health consultation room, counselors, external consultation services)	Stress check indicators (High stress rate, overall health risk)		
	Management of employees' working hours	Average monthly overtime hours/Number of days of annual paid leave				
	Encouragement of Leave Acquisition	Rate of Taking 5 Consecutive Business Days of Paid Leave	Support from managers and colleagues			
	Group analysis training on stress checks for department managers/case sharing	Training Attendance Rate/Number of case sharing				
Cancer	Cancer screening promotion	Number of Site Views	Cancer screening rate/Early Discovery and Treatment of Cancer	Malignant neoplasm diagnoses/5-year retention rate.		
	Holding an Event Related to Cancer	Number of participants Survey results	Percentage of employees believing in continuing to work even when ill Awareness of cancer prevention			
Promotion of women's health	Low-Dose Pills and Preconception Care Including Egg Freezing	Number of Event Participants / Number of Video Views	Percentage of employees experiencing female-specific challenges	Women's work engagement		
	Health and Productivity Management Training for Managers/Health education (Cradle video)					
	Change of Name for Menstrual Leave	Number of F Leave Days Taken				
	Cultural Development Event (Menstrual Pain Experience)	Number of Participants / Survey Results				