Focus Issues	Health investment	Health investment benefits			
		Health investment measures indicators Metrics on employee mindset /behavior changes Health-related ultimate goal in	dicators	issues to be solved by health management	
Lifestyle Diseases	Monitoring Annual checkup reservations/attendance	Early consultation rate Medication adherence rates for hypertension/hypercholesterolemia/diabetes			
	Encouraging secondary chekup	Voluntary attendance for secondary checkup High health-conscious employees Rate of individuals maintaining	Decrease in Absenteeism Decrease in Presenteeism Improving Work Engagement	Improving Employee Well-being Sustainable growth	
	Breakfast Event	Event participation rate Survey results Breakfast skipping rate Nutritional counseling cases Lifestyle diseases incidence			
	Nom ☆ Chare (Walking Event)	Exercise habit ratio Walking habit ratio * Hypertension: Average systolic blood pressure (ages 40 and over, including those on medication)			
	Smart Drinking	Number of participants Percentage of heavy drinkers consuming over 60g Lifestyle Diseases risk drinkers Diabetes: Rate of individuals with HbA1c of 8.0 or higher Hypercholesterolemia: Rate of			
Smoking	Quitting Smoking Challenge	Smoking rate individuals with LDL cholesterol of 160mg/dl or above (ages 40 and over, including those on			
	Informing about the rule of "No Smoking During Working Hours"	Smoking rate in 20s male medication) Site Views/Awareness of Rules Percentage exposed to secondhand smoke			
Engagement Mental Health	Self-Care Training Health and Productivity Management Training for	Training comprehension/counseling service awareness Counseling cases (health consultation room,			
	Managers Management of employees' working hours	Average monthly overtime hours/Number of days of annual paid leave counselors, external consultation services) Stress check indicators (High stress rate, overall health risk)			
	Group analysis training on stress checks for department managers/case sharing	Training Attendance Rate/Number of case sharing Support from managers and colleagues			
Cancer	Cancer screening promotion	Number of Site Views Cancer screening rate Malignant neoplasm			
	Cancer Seminar	Number of participants Survey results Percentage of employees believing in continuing to work even when ill Awareness of cancer prevention			
Promotion of women's health	Menstrual symptom support (Pill)	Video views			
	Health and Productivity Management Training for Managers/Health education (Cradle video)	Percentage of employees experiencing female- specific challenges			
	Ease of menstrual leave	Menstrual leave days			
	Sleep survey	Survey results Percentage of women able to rest through sleep Women's work engagement			
	Anemia information by dietitians	Information views Percentage of women requiring detailed examination for anemia			